Dental hygiene Plan

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| **CLINICAL DIAGNOSIS** | **THERAPEUTIC GOALS** | **TREATMENT CONSIDERATIONS** | |
| **Biofilm-Induced Gingivitis** | To establish gingival health through elimination of etiologic factors | ***Dental Treatment Plan***  The dental treatment plan may indicate surgical correction of gingival deformities | ***Dental Hygiene Care Plan***  ■ Customized patient education  ■ Supra- and subgingival debridement  ■ Antimicrobial agents, and correction of biofilmretentive factors |
| **Chronic Periodontitis**  With slight to moderate loss of periodontal support | ■ To arrest progression of disease and prevent recurrence  ■ To preserve health, comfort, and function. | ***Dental Treatment Plan***  If resolution of the condition does not occur, consider periodontal surgery. | ***Dental Hygiene Care Plan***  ■ Elimination and control of systemic risk factors  ■ Biofilm control  ■ Supra- and subgingival scaling and root planing  ■ Adjunctive antimicrobial agents  ■ Elimination of contributing local factors |
| **Chronic Periodontitis**  With advanced loss of periodontal support. | ■ To alter or eliminate microbial etiology and contributing risk factors  ■ To arrest the progression of disease | ***Dental Treatment Plan***  ■ May include regeneration of periodontal attachment following the completion and evaluation of initial therapy | ***Dental Hygiene Care Plan***  ■ Initial therapy as described above  ***Compromised Therapy***  ■ Severity/extent of disease, or the age/health of the patient preclude optimal results  ■ Initial therapy and continued periodontal maintenance become the endpoint |
| **Periodontal Maintenance** | ■ To minimize the recurrence and progression of the disease  ■ To reduce the incidence of tooth loss |  | ***Dental Hygiene Care Plan***  ■ Comparison of clinical data to previous baseline measurements  ■ Assessment of personal oral hygiene status and compliance with maintenance intervals  ■ Oral hygiene reinstruction or modification  ■ Counseling on control of risk factors |