Dental hygiene Plan

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| **CLINICAL DIAGNOSIS** | **THERAPEUTIC GOALS** | **TREATMENT CONSIDERATIONS** |
| **Biofilm-Induced Gingivitis** | To establish gingival health through elimination of etiologic factors | ***Dental Treatment Plan***The dental treatment plan may indicate surgical correction of gingival deformities | ***Dental Hygiene Care Plan***■ Customized patient education■ Supra- and subgingival debridement■ Antimicrobial agents, and correction of biofilmretentive factors |
| **Chronic Periodontitis**With slight to moderate loss of periodontal support | ■ To arrest progression of disease and prevent recurrence■ To preserve health, comfort, and function. | ***Dental Treatment Plan***If resolution of the condition does not occur, consider periodontal surgery. | ***Dental Hygiene Care Plan***■ Elimination and control of systemic risk factors■ Biofilm control■ Supra- and subgingival scaling and root planing■ Adjunctive antimicrobial agents■ Elimination of contributing local factors |
| **Chronic Periodontitis**With advanced loss of periodontal support. | ■ To alter or eliminate microbial etiology and contributing risk factors■ To arrest the progression of disease | ***Dental Treatment Plan***■ May include regeneration of periodontal attachment following the completion and evaluation of initial therapy | ***Dental Hygiene Care Plan***■ Initial therapy as described above***Compromised Therapy***■ Severity/extent of disease, or the age/health of the patient preclude optimal results■ Initial therapy and continued periodontal maintenance become the endpoint |
| **Periodontal Maintenance** | ■ To minimize the recurrence and progression of the disease■ To reduce the incidence of tooth loss |  | ***Dental Hygiene Care Plan***■ Comparison of clinical data to previous baseline measurements■ Assessment of personal oral hygiene status and compliance with maintenance intervals■ Oral hygiene reinstruction or modification■ Counseling on control of risk factors |