**Apply a colostomy bag**

|  |  |
| --- | --- |
| 1 | Explained to the patient the purpose and course of the upcoming procedure. |
| 2 | I checked the patient’s position (lying on his back, stomach completely freed from clothing). |
| 3 | Prepared the necessary equipment (colostomy bag, scissors, stomatitis , spatula, 70% alcohol solution, sterile wipes, clamp or tweezers). |
| 4 | I put on gloves. |
| 5 | He examined the abdomen, clarified the location of the stoma (right or left hypochondrium, right or left iliac region), and clarified the presence of components that impede or interfere with the application of a colostomy bag (bandage on the postoperative wound, the presence of drains). |
| 6 | I cleaned the skin of dirt and fragments of the adhesive surface of the removed plate with a cloth moistened with a solution of 70% alcohol, and dried it with a dry sterile cloth. |
| 7 | He examined the stoma and perestomal area, determined the presence of pathological changes (scar strictures, ulcerations, the presence of neoplasms, hyperemia and infiltration of tissue around the stoma , the presence of perostomal dermatitis, skin retractions) (VOICED). |
| 8 | I assessed the shape of the stoma (round or ellipsoidal) and measured its size using a template. |
| 9 | the stoma in the adhesive plate of the colostomy bag ( combigiziv ) in accordance with the established shape and size. |
| 10 | a sealing paste ( stomagiziv ) at the border of the skin and the mucous membrane of the stoma . |
| eleven | I made sure that the prepared hole exactly matches the shape and size of the stoma . I removed the protective layer from the adhesive plate and carefully applied the plate to the skin, placing the stoma in the prepared hole and pressing it tightly from the stoma to the edges. |
| 12 | Closed the drainage hole of the colostomy bag using a sealing device. |
| 13 | Removed and disposed of gloves as Class B medical waste. |