Пациентка У. , 65 лет, поступила с жалобами на повышение Т.тела до 38.8С, кашель со скудной слизистой мокротой, одышка при физических нагрузках, слабость

**АНАМНЕЗ ЗАБОЛЕВАНИЯ**

Заболела остро, когда появились жалобы на кашель и одышку, повышение Т тела до 38,8 С. Переохлаждение и контакт с больными ОРВИ отрицает. Самостоятельно принимала ацц, парацетомол с кратковременным эффектом в виде снижение Т тела до субфебрильных значений. Сегодня в связи с ухудшением (наросла одышка, слабость) вызвала СМП, доставлена в приемное отделение.   
**АНАМНЕЗ ЖИЗНИ**

Контакт с больными туберкулёзом отрицает   
Употребление наркотических средств отрицает   
Перенесенные заболевания и травмы  Гипертоническая болезнь II риск 3   
Аллергологический анамнез не отягощен   
Гинекологический анамнез Характер менструаций менопауза  
**ОБЪЕКТИВНЫЙ СТАТУС**

Состояние средней тяжести, Рост 155, Вес 63.0, ИМТ 26.2, Кожные покровы чистые, Слизистые нормальной влажности, Миндалины не увеличены, Лимфоузлы не увеличены, Костно-мышечная система с постели не встаёт, Отеки нет

**Органы дыхания**: Носовое дыхание свободное, Грудная клетка правильной формы, Дыхание везикулярное, Хрипы незвучные инспираторные над верхними отделами сухие слева. Сатурация 97%

**Сердечно-сосудистая система**: Область сердца не изменена, Тоны сердца ритмичные, приглушены, Шумы в сердце нет, ЧСС 74 уд/мин, АД 130\80 мм рт. ст.

**Органы пищеваврения:** Язык чистый, **Органы мочевыделения**Симптом XII ребра отрицательный с обеих сторон

|  |
| --- |
| ЛАБОРАТОРНЫЕ РЕЗУЛЬТАТЫ |
| **Исследование уровня билирубина и его фракций в крови**   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | Билирубин общий | | | | | | | | | | | | | | | | | | | 8.00 | | | | | | | | | | мкмоль/л | | | | | | | | | | (1.70 - 20.00) | | | | | | | | | | | | Билирубин прямой | | | | | | | | | | | | | | | | | | | 0.40 | | | | | | | | | | мкмоль/л | | | | | | | | | | (0.00 - 4.60) | | | | | | | | | | | | Билирубин непрямой | | | | | | | | | | | | | | | | | | | 7.60 | | | | | | | | | | мкмоль/л | | | | | | | | | | | | | | | | | | | | | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | С-реактивный белок (СРБ) | | | | | | | | | | | | | | | | | | | 2.00 | | | | | | | | | | мг/л | | | | | | | | | | (0.00 - 5.00) | | | | | | | | | | | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | Общий белок | | | | | | | | | | | | | | | | | | | 74.00 | | | | | | | | | | г/л | | | | | | | | | | (65.00 - 85.00) | | | | | | | | | | | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | Мочевина | | | | | | | | | | | | | | | | | | | 4.20 | | | | | | | | | | ммоль/л | | | | | | | | | | (1.70 - 8.30) | | | | | | | | | | | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | Креатинин | | | | | | | | | | | | | | | | | | | **57 <** | | | | | | | | | | мкмоль/л | | | | | | | | | | (58 - 103) | | | | | | | | | | | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | Глюкоза | | | | | | | | | | | | | | | | | | | **7.83 >** | | | | | | | | | | ммоль/л | | | | | | | | | | (4.20 - 6.10) | | | | | | | | | | | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | АСТ | | | | | | | | | | | | | | | | | | | 17.8 | | | | | | | | | | Ед/л | | | | | | | | | | (0.0 - 31.0) | | | | | | | | | | | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | АЛТ | | | | | | | | | | | | | | | | | | | 16.0 | | | | | | | | | | Ед/л | | | | | | | | | | (0.0 - 34.0) | | | | | | | | | | | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | Калий | | | | | | | | | | | | | | | | | | | 3.90 | | | | | | | | | | ммоль/л | | | | | | | | | | (3.50 - 5.10) | | | | | | | | | | | | Натрий | | | | | | | | | | | | | | | | | | | **135 <** | | | | | | | | | | ммоль/л | | | | | | | | | | (136 - 146) | | | | | | | | | | | | Хлор | | | | | | | | | | | | | | | | | | | 98 | | | | | | | | | | ммоль/л | | | | | | | | | | (98 - 106) | | | | | | | | | | | |
| **Общий анализ крови на гем.анализаторе с машинной формулой**   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | Наименование анализатора: | | | | | | | | | | | | | | Sysmex XT4000i | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | WBC Лейкоциты | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **10.66 >** | | | | 109/л | | | | | (4.00 - 9.00) | | | | | | | | | | | RBC Эритроциты | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 4.01 | | | | 1012/л | | | | | (3.90 - 4.70) | | | | | | | | | | | HGB Гемоглобин | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 127 | | | | г/л | | | | | (120 - 140) | | | | | | | | | | | HCT Гематокрит | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 38.0 | | | | % | | | | | (36.0 - 42.0) | | | | | | | | | | | MCV Средний объем эритроцитов | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 94.8 | | | | фл | | | | | (80.0 - 100.0) | | | | | | | | | | | MCH Среднее содержание гемоглобина в эритр. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **31.7 >** | | | | пг | | | | | (27.0 - 31.0) | | | | | | | | | | | MCHC Средняя концентрация гемоглобина в эритр. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 334 | | | | г/л | | | | | (300 - 380) | | | | | | | | | | | RDW-SD Станд.отклонение размера эритр. от сред.зн. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **48.4 >** | | | | фл | | | | | (35.0 - 46.0) | | | | | | | | | | | PLT Тромбоциты | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **459 >** | | | | 109/л | | | | | (150 - 420) | | | | | | | | | | | PCT Тромбокрит | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 0.380 | | | | % | | | | | (0.150 - 0.400) | | | | | | | | | | |  | | | | | | | | | | | | | | | относительные | | | | | | | | | | | | | | | | абсолютные | | | | | | | | | | | | | | | | | | | | Нейтрофилы | | | | | | | | | | | | | | | **83.0 >** | | | | | % | | (50.0 - 70.0) | | | | | | | | | **8.85 >** | | | | 109/л | | | | | (2.00 - 7.00) | | | | | | | | | | | Лимфоциты | | | | | | | | | | | | | | | **10.70 <** | | | | | % | | (19.00 - 37.00) | | | | | | | | | **1.1 <** | | | | \*109/л | | | | | (1.2 - 3.0) | | | | | | | | | | | Моноциты | | | | | | | | | | | | | | | 5.70 | | | | | % | | (3.00 - 13.00) | | | | | | | | | 0.61 | | | | 109/л | | | | | (0.20 - 1.00) | | | | | | | | | | | Эозинофилы | | | | | | | | | | | | | | | **0.10 <** | | | | | % | | (0.50 - 5.00) | | | | | | | | | 0.01 | | | | 109/л | | | | | (0.00 - 0.50) | | | | | | | | | | | Базофилы | | | | | | | | | | | | | | | 0.50 | | | | | % | | (0.00 - 1.00) | | | | | | | | | 0.05 | | | | 109/л | | | | | (0.00 - 0.20) | | | | | | | | | | | Незрелые гранулоциты | | | | | | | | | | | | | | | 1.9 | | | | | % | | | | | | | | | | | 0.20 | | | | 109/л | | | | | | | | | | | | | | | |
| **Подсчет лейкоцитарной формулы крови**   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |  | | | | | | | | | | | | | | | относительные | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Миелоциты | | | | | | | | | | | | | | | **1.0 >** | | | | | % | | (0.0 - 0.0) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Палочкоядерные нейтрофилы | | | | | | | | | | | | | | | 5.0 | | | | | % | | (1.0 - 6.0) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Сегментоядерные нейтрофилы | | | | | | | | | | | | | | | **80.00 >** | | | | | % | | (47.00 - 72.00) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Лимфоциты | | | | | | | | | | | | | | | **10.0 <** | | | | | % | | (19.0 - 37.0) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Моноциты | | | | | | | | | | | | | | | 4.0 | | | | | % | | (3.0 - 11.0) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | Скорость оседания эритроцитов | | | | | | | | | | | | | | | | | | | **41 >** | | | | | | | | | | мм/час | | | | | | | | | | (2 - 15) | | | | | | | | | | | |
|  |
| **РЕЗУЛЬТАТЫ ОБСЛЕДОВАНИЙ:** |
| РЕНТГЕНОЛОГИЧЕСКОЕ ИССЛЕДОВАНИЕ ОРГАНОВ ГРУДНОЙ ПОЛОСТИ |
| **Аппарат** : КАРС БКС2 |
| проекции: прямая, боковая; вид исследования: цифровое; количество процедур (снимков): 2 эффективная доза: расчетная 0,06 мЗв |
| **Состояние легких** : расправлены |
| Пневматизация легочной ткани: инфильтративные изменения в S1-2 левого легкого |
| **Легочный рисунок** : усилен, обогащен |
| **Корни легких** : с пониженной структурностью |
| **Диафрагма** : куполы четкие ровные, высота стояния соответствует конституциональному типу |
| **Тень средостения** : не изменена |
| **Плевральные полости** : свободны: определяются спайки: плеврокостодиафрагмальные, с двух сторон |

1. *Выделите основные синдромы.*
2. *Напишите диагноз.*
3. *Проведите дифференциальную диагностику. Какое неотложное состояние можно заподозрить у больной в связи с нарастающей одышкой? Какие методы исследования нужно провести, чтобы исключить это состояние?*
4. *План обследования.*
5. *Распишите план лечения для данного больного.*